



## FLAT/INCLINE/ DECLINE BENCH

- Versatile bench adjusts into 11 positions ranging from 10° decline to 85° incline. Each position clearly marked in degrees on adjustment disk.
- Seat pad adjusts to 3 positions to accommodate multiple exercise positions.
- Lifting handle and rear wheels for ease of portability.
- Load tested 1,000,000 cycles at 500 lbs. to insure structural reliability.

### Dimensions

W: 31" (78 cm)

L: 52" (128 cm)

H: 19" (48 cm)

The XFW-7500 is the perfect compliment to the XFW-6800 Smith Machine, XFW-7900 Power Rack, and XFW-8100 Half Rack.



Superior grade BoltaSport, Boltaflex and Uniroyal Naugahyde® available in this wide range of standard upholstery colors

FRAME PAINT COLORS:  
SILVER SPARKLE  
GLOSS WHITE TEXTURED